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| **Guide to completing CPD record log** |
| **Examples of learning method*** Online learning
* Course attendance
* Independent learning
 | **What was the topic?**Please give a brief outline of the key points of the learning activity, how it is linked to your scope of practice, what you learnt, and how you have applied what you learnt to your practice. | **Link to Code**Please identify the part or parts of the Code relevant to the CPD.* Prioritise people
* Practise effectively
* Preserve safety
* Promote professionalism and trust
 |

Please provide the following information for each learning activity, until you reach 35 hours of CPD (of which 20 hours must be participatory). For examples of the types of CPD activities you could undertake, and types of evidence you could retain, refer to our guidance sheet at www.revalidation.nmc.org.uk/download-resources/guidance-and-information.

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| **Dates:** | **Method**Please describe the methods you used for the activity: | **Topic(s):** | **Link to Code:** | **Number of hours:** | **Number of participatory hours:** |
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|  |  |  |  | **Total:**  | **Total:**  |

(Please add rows as necessary)